

# When life gets complicated, let us help!



## Live Doctor On Call

### Live Doctor On Call Now Offering Virtual Psychiatric Services *Because We Care*

Our Psychiatrists are medical doctors with special training in Psychiatry, who can diagnose, treat and prescribe medications and other medical treatments as needed for mental health conditions.

### We treat and support:

- |                       |                     |
|-----------------------|---------------------|
| Anxiety               | Depression          |
| Stress Management     | Grief & Loss        |
| Trauma & PTSD         | Panic Disorders     |
| Postpartum Depression | Addictive Behaviors |
| Bipolar Disorders     |                     |



### It's Affordable

- Better health outcomes and minimized employer costs
- Healthier employees lead to less downtime
- For only \$215 for initial visit and \$100 per visit for the follow up consultation

### It's Effective

- Licensed and board-certified Psychiatrist- MD, DO
- Bi-lingual (English/Spanish) doctors
- Outstanding clinical expertise
- Safe, secure, and confidential

### It's Convenient

- Monday –Friday 8 am to 5 pm
- Members schedule appointment via the app or website
- Work it into your day –no travel time
- Pick up prescription at your local pharmacy



Complete registration and account setup.

Schedule your session on the day and time that works best for you.

**SCHEDULE AN APPOINTMENT TODAY!**

Visit [www.LiveDoctorOnCall.com](http://www.LiveDoctorOnCall.com)

- ✓ Appointments Monday –Friday 8 am to 5 pm
- ✓ Phone and video consults
- ✓ **Select your therapist**
- ✓ Secure HIPAA-Compliant Platform

### Q. What is a Psychiatrist?

**A.** Psychiatry is the branch of medicine focused on the diagnosis, treatment, and prevention of mental, emotional and behavioral disorders. Psychiatrists are qualified to assess both the mental and physical aspects of psychological problems and provide a picture of a patient's physical and mental state. Psychiatrists often prescribe medications in combination with psychotherapy.

### Q. What medications can the Psychiatrist prescribe?

- A.**
- Lexapro
  - Paxil
  - Zoloft
  - Wellbutrin
  - Celexa
  - Prestiq
  - Effexor
  - Elavil
  - Cymbalta
  - Remeron
  - Prozac

### Q. How long will each counseling session last?

**A.** Each counseling session will last around 50 minutes..

### Q. Are online counseling sessions recorded?

**A.** No; sessions are neither recorded nor stored.

### Q. Is my information secure?

**A.** Our platform is designed to be a private, secure, and HIPAA-compliant, allowing you to safely consult with one of our therapists online. Our Code of Ethics ensure your sessions are completely confidential.

### Q. What prescriptions NOT prescribed with Psychiatrist services:

- A.**
- DEA-controlled substances (ADHD stimulant medications, sleep medications, anti-anxiety benzodiazepines)
  - Stimulants (e.g., Adderall, Ritalin, etc.)
  - Medications intended for intra-muscular injections
  - Detox Medications (e.g., Suboxone, Methadone)
  - Other drugs with potential for abuse, such as muscle relaxants, pseudoephedrine
  - Medications that require regular lab work and monitoring (e.g., Lithium, Depakote, Tegretol) when lab work is not present for review

### Q. What conditions are NOT treated with Live Doctor On Call Psychiatric services?

- A.**
- Emergency situations (suicidal, homicidal, self-harm)
  - ADHD prescription of stimulant (therapy and non-stimulant medication management are in scope)
  - Active hallucinations or delusions
  - Substance use in an active medical detox program
  - Moderate to severe autism spectrum disorders
  - Internationally located patients
  - Conditions that require laboratory or diagnostic imaging to determine final treatment recommendations without lab work present for review
  - Under the age of 12